



Report Specs

Last 365 Days - 0x

2/9/12 - 3/9/12

Diary name: **Bob's Pain Diary**

Patient name: **Bob Johnson**

Report name: **Last 365 Days - 0x**

Date range: **6/1/13 to 5/31/14**

Number of entries: **1451**

Data generated on: **5/31/14, 2:56 PM**

Tracker count: **2**

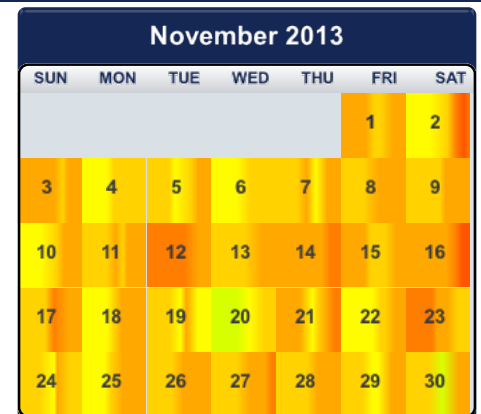
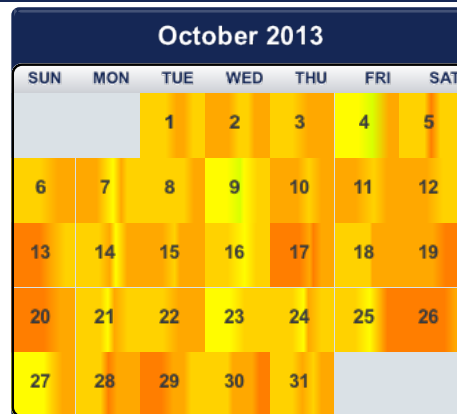
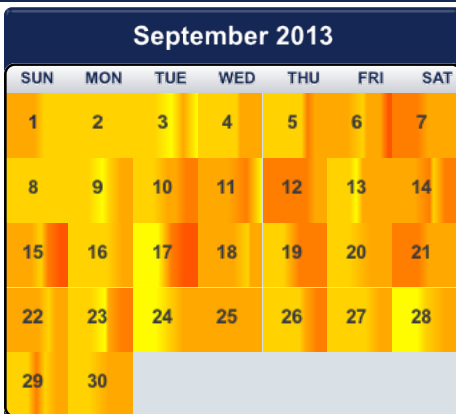
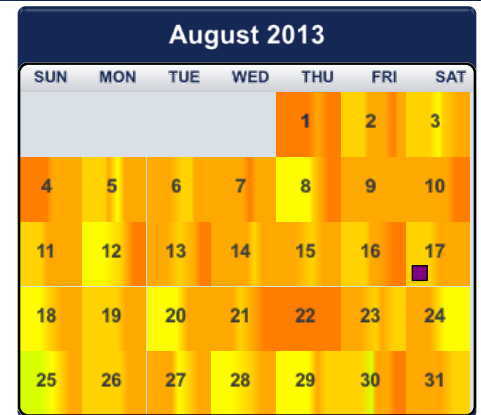
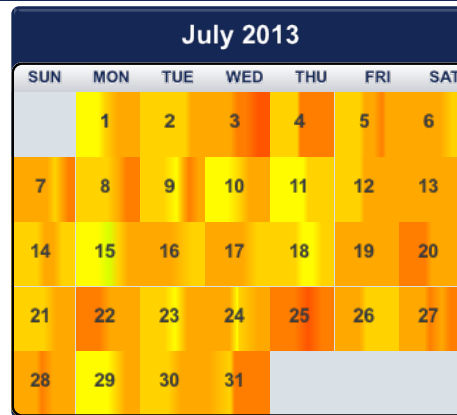
Staleness factor: **0%**



Pain Intensity Level

Last 365 Days - 0x

2/9/12 - 3/9/12





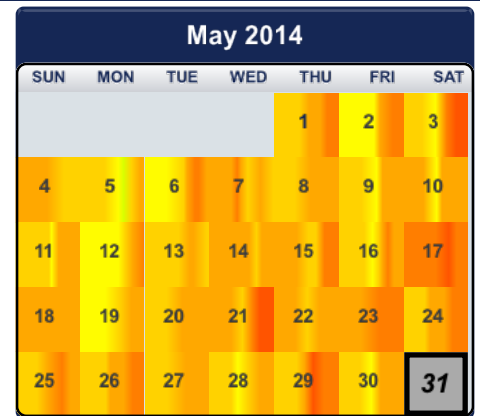
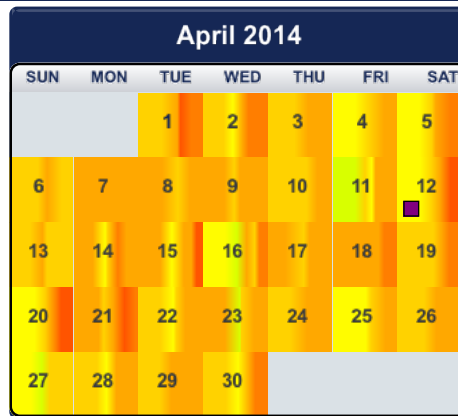
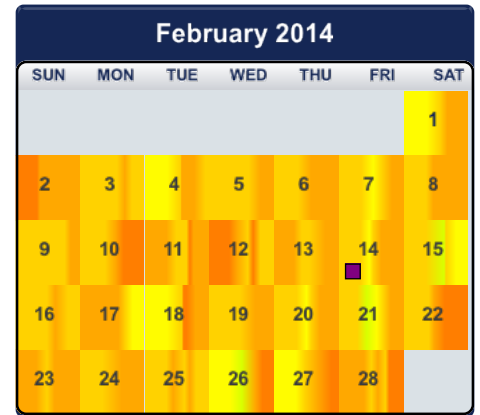
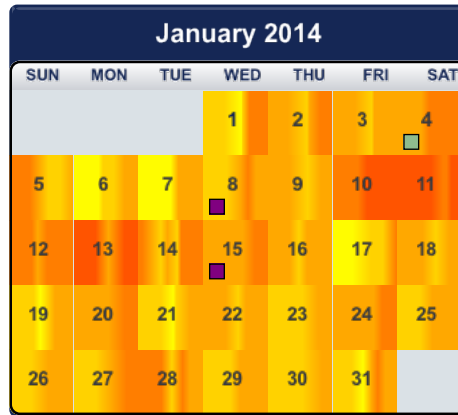
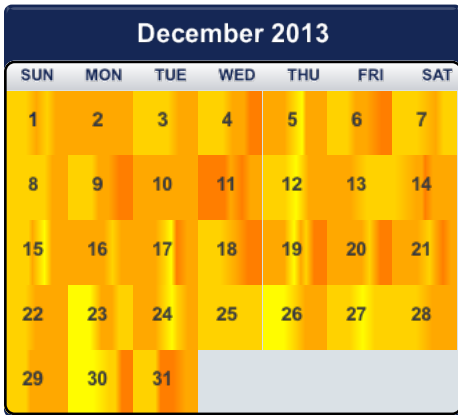
Intensity
7

Pain Intensity Level

Last 365 Days - 0x

2/9/12 - 3/9/12

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Milestones

Last 365 Days - 0x

2/9/12 - 3/9/12

Entry Date	Graphs On	Category	Comment
4/12/14, 8:00 AM	YES	Medication Change	Just started switching back from Opana ER 30mg 2x per day to 20mg 2x per day. Will start by swapping my nightly dose for the new strength. Doing this for five days which will draw down the last of the 30mg I have left. Then switching to just 20mg for good. Transition went as expected. Pain levels definitely increased during the afternoon hours and I've taken more BT meds to compensate. Hoping that things will even out over next couple of weeks.
3/20/14, 4:00 PM	YES	Medication Change	Switching from Nucynta 100mg to Opana 10mg for breakthrough pain. I'm hoping that this will help me bridge the 2-6pm hours when the Opana ER is just stopping.
2/14/14, 7:00 PM	YES	Medication Change	Switching from Opana ER 20mg 2x/day to Opana ER 30mg 2x/day. The 20 is just falling off too hard after 8 hours. I had wanted to go to 15mg 3x per day, but according to the doc they can only prescribe it for twice a day. Doesn't make sense to me since that would keep me on a lower overall dosage but rules will be rules I guess.
1/15/14, 7:00 PM	YES	Medication Change	Another change to the main narcotic meds I'm on. The Nucynta ER and fast acting wasn't covering my pain levels after a week of being on them. I was also getting a breathless feeling - like being in a smoke filled room - that was constant. Plus, the doc realized that she couldn't up the dosage levels enough without hitting the recommended limits. So, now she has moved me to Opana ER (20mg twice a day) and bumped the Nucynta to 100mg for breakthrough. She didn't think it would be a bad transition, of course the last week wasn't supposed to be a living hell either. So we'll see.
1/8/14, 8:30 AM	YES	Medication Change	Changing from Exalgo 32mg and 2-4 Dilaudid 4mg per day to Nucynta ER 150mg 2x per day and Nucynta 75mg 3 per day as needed.
1/4/14, 8:30 AM	YES	Illness	Totally screwed up today and somehow didn't take my morning meds. I woke up feeling kinda bad, but then went downhill fast. By lunch I was having chills, pain, and my head was pounding. Got progressively worse over the day including fever. For some reason I didn't notice the mistake when I took my evening meds, so it was a crappy night also. Once I took Sunday morning meds, it took about 4 hours before I started getting back to normal.
8/17/13, 8:45 AM	YES	Medication Change	Went back to the 32mg dose of Exalgo to try and reduce the burning in my feet and overall increase in pain from the last few months.
6/12/13, 7:15 PM	YES	Medication Change	Both heels are still on fire today. Spoke to the doc about it and he's prescribed a Medrol pack to address a potential nerve impingement as a cause. If that doesn't fix it, it may be growing small nerve damage in my feet - lovely.

