



Report Specs

Custom Dates

3/25/12 - 3/31/12

Diary name: **Bob**

Patient name: **Bob Johnson**

Report name: **Custom Dates**

Date range: **Mar 25 '12 to Mar 31 '12**

Number of entries: **27**

Data generated on: **6/13/12 9:40 AM**

Tracker count: **11**

Staleness factor: **0%**

Mar 31, 2012 9:00 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Medication Tracking	Other Symptoms
Driving - Stop & Go, Movement, Playing with the kids, Standing, Stress	7	Aching, Arthritic, Burning, Radiating, Sciatic, Shooting, Stiffness, Throbbing	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet	Numbness, Weakness
General Comments				

Pain just keeps building through afternoon into evening. BT meds barely make a dent.

Mar 31, 2012 6:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Medication Tracking	Other Symptoms
Driving - Stop & Go, Movement, Playing with the kids, Standing, Stress	6	Aching, Arthritic, Burning, Radiating, Sciatic, Shooting, Stiffness, Throbbing	Dilaudid 4mg 1 Tablet	Numbness, Weakness





Mar 31, 2012 6:45 PM

(continued from previous page)

General Comments

Took kids to bookstore and have been sitting at comp doing taxes most of afternoon. My back is just so sore and legs are burning. Can't concentrate or get into a comfortable position.

Mar 31, 2012 2:00 PM

Pain Intensity Level

3

Pain Descriptions

**Aching,
Arthritic,
Sciatic,
Stiffness**

Effective Treatments

**Sitting / Reclining,
Spinal Cord
Stimulator,
Zero G Chair**

Medication Tracking

Dilaudid 4mg 1
Tablet

Mar 31, 2012 8:30 AM

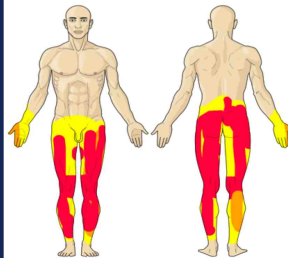
Pain Intensity Level

4

Pain Descriptions

**Aching,
Stiffness**

Pain Location Mapping



Effective Treatments

**Sitting / Reclining,
Zero G Chair**

Medication Tracking

Baclofen 20mg 1
Tablet

Other Symptoms

**Numbness,
Weakness**

General Comments

Feeling pretty good this morning. Still some stiffness in back and legs are a bit on edge.





Mar 30, 2012 8:00 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
Physical Exertion, Standing, Stress, Walking	8	Aching, Arthritic, Burning, Radiating, Sciatic, Shooting, Stabbing, Stiffness, Throbbing	Ice / Cold Compress, Laying Down, Sleep, Spinal Cord Stimulator	Ambien 12.5mg 1 Tablet Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet
Other Symptoms	General Comments			
Numbness, Weakness	Arrggghh. Feeling horrible. Can barely walk. Just going to go to bed.			

Mar 30, 2012 4:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Medication Tracking	Other Symptoms
Driving - Stop & Go, Movement, Physical Exertion, Standing, Stress, Walking	7	Aching, Arthritic, Burning, Radiating, Sciatic, Shooting, Stabbing, Stiffness, Throbbing	Dilaudid 4mg 1 Tablet	Numbness, Weakness
General Comments	Ouch. Standing and walking at the event has really got my back and legs going. Also my right arm is numb to mid forearm. Cannot get comfortable right now and the BT med isn't doing crap.			

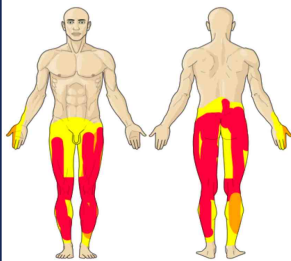





Mar 30, 2012 1:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Medication Tracking	Other Symptoms
Driving - Stop & Go, Movement, Standing, Stress	5	Aching, Arthritic, Sciatic, Stabbing, Stiffness	Dilaudid 4mg 1 Tablet	Numbness, Tremors, Weakness
General Comments				
[Private Comment]				

Mar 30, 2012 8:00 AM

Pain Intensity Level	Pain Descriptions	Pain Location Mapping	Effective Treatments	Medication Tracking
4	Aching, Arthritic, Sciatic, Stabbing, Stiffness		Ice / Cold Compress, Laying Down, Sitting / Reclining, Spinal Cord Stimulator, Zero G Chair	Baclofen 20mg 1 Tablet
Bowel Movements		General Comments		
Bristol Scale Code 4 Like a sausage or snake, smooth and soft Quantity 5 / 10  No Blood		Feeling pretty good. Back is feeling better. Still some pain and occasional jet of pain, but better than it has been.		





Mar 29, 2012 7:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
Driving - Stop & Go, Stress	7	Aching, Arthritic, Dull, Radiating, Sciatic, Shooting, Stabbing, Stiffness	Ice / Cold Compress, Laying Down, Medication, Spinal Cord Stimulator	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet
Other Symptoms	General Comments			
Numbness, Tremors, Weakness	[Private Comment]			

Mar 29, 2012 3:30 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Medication Tracking	Other Symptoms
Driving - Stop & Go, Movement, Standing, Stress	7	Aching, Arthritic, Dull, Radiating, Sciatic, Shooting, Stabbing, Stiffness	Dilaudid 4mg 1 Tablet	Tremors, Weakness

Mar 29, 2012 12:30 PM

Pain Intensity Level	Pain Descriptions	Medication Tracking		
5	Aching, Arthritic, Dull, Radiating, Sciatic, Shooting, Stabbing, Stiffness	Dilaudid 4mg 1 Tablet		





Mar 29, 2012 8:30 AM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Pain Location Mapping	Effective Treatments
Lack of Sleep, Movement	6	Aching, Arthritic, Dull, Radiating, Sciatic, Shooting, Stabbing, Stiffness		Laying Down, Medication, Sitting / Reclining, Zero G Chair
Medication Tracking Baclofen 20mg 1 Tablet				

Mar 28, 2012 7:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
Driving - Stop & Go, Medical Procedure, Movement	5	Aching, Arthritic, Dull, Sciatic, Shooting, Stiffness	Ice / Cold Compress, Medication, Sitting / Reclining, Zero G Chair	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet
Other Symptoms Tremors, Weakness	General Comments Feeling pretty good compared to the typical afternoon.			





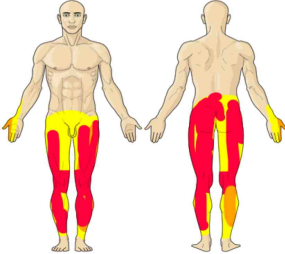

Mar 28, 2012 3:00 PM

Pain Intensity Level	Pain Descriptions	Medication Tracking		
4	Aching, Arthritic, Dull, Sciatic, Shooting, Stiffness	Dilaudid 4mg 1 Tablet		

Mar 28, 2012 12:00 PM

Pain Intensity Level	Pain Descriptions	Effective Treatments		
4	Aching, Arthritic, Dull, Sciatic, Shooting, Stiffness	Ice / Cold Compress, Medication, Sitting / Reclining, Zero G Chair		

Mar 28, 2012 8:00 AM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Pain Location Mapping	Effective Treatments
Medical Procedure, Movement	5	Aching, Arthritic, Dull, Sciatic, Shooting, Stiffness		Ice / Cold Compress, Medication, Sitting / Reclining, Zero G Chair
Medication Tracking	Bowel Movements	General Comments		
Baclofen 20mg 1 Tablet	Bristol Scale Code 4 <small>Like a sausage or snake, smooth and soft</small> Quantity 5 / 10  No Blood	1st morning after the RF Ablation. Back feels quite stiff and bruised, but not too bad. Going to keep icing it today. My hand (right) is tingling again and feels weak.		





Mar 27, 2012 7:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
Medical Procedure, Movement	6	Aching, Arthritic, Burning, Dull, Sciatic, Shooting, Stabbing, Stiffness	Ice / Cold Compress, Laying Down, Medication	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet
Other Symptoms				
Weakness				

Mar 27, 2012 2:00 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
Driving - Stop & Go, Lack of Sleep, Medical Procedure	6	Aching, Arthritic, Burning, Dull, Sciatic, Shooting, Stabbing, Stiffness	Ice / Cold Compress, Laying Down, Medication, Sleep	Dilaudid 4mg 1 Tablet
Other Symptoms	Milestone	General Comments		
Tremors, Weakness	Medical Procedure RF Ablation at L2, 3, 4 & 5 on left side.	[Private Comment]		





Mar 27, 2012 8:15 AM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Pain Location Mapping	Effective Treatments
Lack of Sleep, Movement	4	Aching, Arthritic, Dull, Sciatic, Stiffness		Medication, Sitting / Reclining, Zero G Chair
Medication Tracking	Bowel Movements			
Baclofen 20mg 1 Tablet	Bristol Scale Code 3 Like a sausage but with cracks on its surface Quantity 5 / 10 No Blood			

Mar 26, 2012 7:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
Driving - Stop & Go, Movement	4	Aching, Arthritic, Burning, Sciatic, Stiffness	Laying Down, Medication, Spinal Cord Stimulator	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet

Mar 26, 2012 2:45 PM

Pain Intensity Level	Pain Descriptions	Medication Tracking	General Comments
3	Aching, Arthritic, Sciatic, Stiffness	Dilaudid 4mg 1 Tablet	Arrrgghh. Fell asleep in my chair again. This has got to stop.

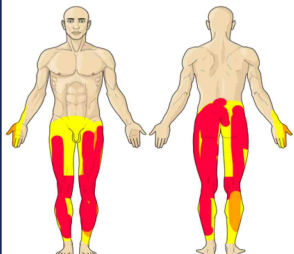




Mar 26, 2012 12:45 PM

Pain Intensity Level	Pain Descriptions	Effective Treatments	Other Symptoms
3	Aching, Arthritic, Sciatic, Stiffness	Sitting / Reclining, Zero G Chair	Very Sleepy

Mar 26, 2012 8:15 AM

Pain Intensity Level	Pain Descriptions	Pain Location Mapping	Effective Treatments	Medication Tracking
4	Aching, Arthritic, Sciatic, Stiffness		Sitting / Reclining, Zero G Chair	Baclofen 20mg 1 Tablet

Mar 25, 2012 7:45 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
House Cleaning, Movement, Physical Exertion, Walking, Weather - Heat	6	Aching, Arthritic, Burning, Gnawing, Radiating, Sciatic, Shooting, Stiffness, Throbbing	Laying Down, Medication, Sleep	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet

Mar 25, 2012 4:30 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Effective Treatments	Medication Tracking
Driving - Stop & Go, House Cleaning, Physical Exertion, Standing, Walking, Weather - Heat	7	Aching, Arthritic, Burning, Cramping, Gnawing, Radiating, Sciatic, Shooting, Stiffness, Throbbing	Ice / Cold Compress, Laying Down, Medication, Spinal Cord Stimulator	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet





Mar 25, 2012 4:30 PM

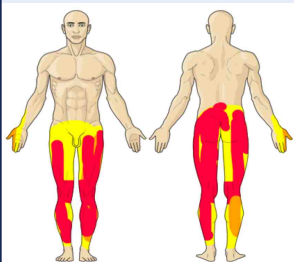
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Other Symptoms	General Comments
Fatigue, Tremors, Weakness	[Private Comment]

Mar 25, 2012 12:15 PM

Pain Triggers	Pain Intensity Level	Pain Descriptions	Medication Tracking	Other Symptoms
Driving - Stop & Go, Movement, Walking	6	Aching, Arthritic, Burning, Cramping, Gnawing, Radiating, Sciatic, Stiffness	Dilaudid 4mg 1 Tablet	Tremors, Weakness
General Comments	Had to go to hardware store. The walking around started pain levels rising. Was really feeling it by the time I got home could barely stand up.			

Mar 25, 2012 7:30 AM

Pain Intensity Level	Pain Descriptions	Pain Location Mapping	Effective Treatments	Medication Tracking
5	Aching, Arthritic, Burning, Gnawing, Sciatic, Stiffness		Medication, Sitting / Reclining, Spinal Cord Stimulator	Baclofen 20mg 1 Tablet Dilaudid 4mg 1 Tablet





Mar 25, 2012 7:30 AM

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General Comments

Very stiff from yesterday. Pain level is lower though which is a nice change.

